## **Daily Symptom Monitoring**

Please complete this checklist on a daily basis with your child to monitor for symptoms of COVID-19.

Has your child been recently been exposed to anyone with a confirmed case of COVID-19?

If yes, the student should stay home from school UNLESS

- The student is fully vaccinated and does not have symptoms.
- ➤ Both the positive individual and the contact were within 3 to 6 feet of one another, engaged in consistent and correct use of well-fitting masks and the contact does not have symptoms.
- ➤ The student was previously diagnosed with COVID-19 or had a positive IgG antibody test within the last 3 months and does not have symptoms.

If a student does not meet any of the above criteria, the student can return to school 10 days after the last time that they had close contact with someone diagnosed with COVID-19 if no symptoms were reported during daily monitoring. If the student is tested and receives a negative test result, quarantine can end after day 7 if the test was done on or after day 5 and if no symptoms were reported during daily monitoring.

Column A If you checked 1 or more symptoms, student should stay home from school	Column B If you checked 2 or more symptoms, student should stay home from school	
☐ Fever (100°F or higher)	$\square$ Sore throat	□Headache
□Cough	□Chills	$\square$ Congestion or runny nose
☐Shortness of breath	$\square$ Muscle pain	□Fatigue
☐ Difficulty breathing		
☐ Nausea or vomiting		
□Diarrhea		
☐ Lack of smell or taste		
(without congestion)		

- 1 For a current list of symptoms see CDC's website: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html
- 2 The temperature considered a fever during screening differs based on how temperature is taken. Any fever reported by an employee, even if no thermometer was used, should be considered as symptomatic

## Exclusion From and Return to School Requirements

Scenario	Exclude from School	Return to School After
#1 No Symptoms	No	Not applicable
#2 COVID-19 symptoms	Yes	Individual should be tested for COVID-19  If test is negative, return to school when they meet the normal criteria to return after illness.  If test is positive, follow return to school guidance for scenario #3  If child is not tested and they are not a close contact of someone with COVID, return to school when fever free (without medication) and symptom free for 48 hours or after a clinician has evaluated the child and documented an alternative diagnosis and confirmed that the student can return to school.
#3 Positive COVID-19 PCR test with symptoms	Yes	As follows:  ✓ At least 10 days have passed since symptoms first appeared and ✓ At least 24 hours have passed since last fever without the use of fever-reducing medications and ✓ Symptoms (e.g., cough, shortness of breath) have improved.
#4 Positive COVID-19 PCR test without symptoms	Yes	As follows:  ✓ 10 days have passed since the date of their first positive viral diagnostic test. ✓ If symptoms develop during 10 days, follow return to school guidance for scenario #3
#5 Close contact of COVID with symptoms	Yes	Individual should be tested for COVID-19  If the student is tested and receives a negative test result but they are symptomatic, they should still be treated as a probable case and follow the return to school guidance for scenario #3.  If test result is positive, follow return to school guidance for scenario #3.  If child is not tested, they are considered a probable case and should remain excluded from school until 10 days after symptoms appeared.

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#5 Close contact of COVID		* For individuals with COVID-19 who cannot
with symptoms, cont		isolate from their household members, the
		household members' quarantine period
		begins when the case is no longer
		infectious. Household contact quarantines
		are 17-20 days.
#6 Close contact of COVID without symptoms -  Unvaccinated or Partially Vaccinated AND either the positive individual or contact were unmasked	Yes	Return to school 10 days after the last time that they had close contact with someone diagnosed with COVID-19 if no symptoms were reported during daily monitoring.  If the student is tested and receives a negative test result, quarantine can end after day 7 if the test was done on or after day 5 and if no symptoms were reported during daily monitoring.  *For individuals with COVID-19 who cannot isolate from their household members, the household members' quarantine period begins when the case is no longer infectious. Household contact quarantines are 17-20 days.  Symptom monitoring should continue for 14 days. If symptoms
		develop during 14 days, follow return to school guidance for scenario #5.
#7 Close contact of COVID	No	Individual can attend school as long
without symptoms -		as they remain asymptomatic.
Unvaccinated or Partially Vaccinated AND both contact and positive individual were appropriately masked		
#8 Close contact of COVID	No	Individual can attend school as long
without symptoms-Fully		as they remain asymptomatic.
Vaccinated (>2 weeks		Individual should be tested 2-5
following the second dose		days after known exposure to
in a 2-dose series or >2		someone with suspected or
weeks following the receipt		confirmed COVID-19 and wear a
of one dose of a single		mask in school for 14 days or until
dose vaccine.)		they receive a negative test result.
#9 Close contact of COVID	Ma	
	No	
without symptoms who		as they remain asymptomatic.
was previously diagnosed		
with COVID-19 or had a		
positive IgG antibody test		
in the last 3 months.		